

The nutritional values provided in this guide or shown on menus or menu boards should be considered approximations. Variations in nutritional values throughout this menu may occur due to deviations in preparation, availability of ingredients, seasonal changes, cooking processes and custom ordering. Data is rounded to meet FDA regulations. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. All of our food items are produced in facilities where known allergens are present. We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them.



Food Menu Nutritionals_Hot Foods (Nor. Cal)

Product Category	Supplier		Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Heat-To-Eat	Sonoma Made Foods	Cream Cheese and Honey Sandwich	510	21	11	0	55	640	65	3	9	15
Heat-To-Eat	Sonoma Made Foods	Roasted Veggie Burrito	540	26	7	0	25	880	62	2	1	13
Heat-To-Eat	Sonoma Made Foods	Turkey Pesto Sandwich	520	16	7	0	60	1200	58	3	4	32
Hot Breakfast	Sonoma Made Foods	Egg, Turkey Sausage, Cheese Sandwich	380	19	7	0	205	750	26	2	2	24
Hot Breakfast	Sonoma Made Foods	Plant-Powered Sandwich	400	21	9	0	0	890	34	4	0	21
Hot Breakfast	Sonoma Made Foods	Potato, Egg, Cheese & Bacon Burrito	490	27	12	0	250	900	37	<1	2	22
Hot Breakfast	Sonoma Made Foods	Potato, Egg, Cheese & Sausage Burrito	470	26	11	0	250	750	37	1	2	20
Hot Breakfast	Sonoma Made Foods	Potato, Egg, Green Chile & Cheese Burrito	370	19	10	0	210	670	30	2	1	16

Product Category	Supplier	Item	Ingredients
Heat-To-Eat	Sonoma Made Foods	Cream Cheese and Honey Sandwich	JERUSALEM BAGEL (UNBLEACHED WHEAT FLOUR ENRICHED [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, Malted Barley Flour], Filtered Water, Sugar, Dextrose, Salt, Malt [Extract Malted Barley Malt, Corn], Dough Conditioner [Wheat Flour, Malt Barley Flour, Ascorbic Acid, Enzymes], Yeast [Yeast, Sorbitan Monostearate, Ascorbic Acid], Calcium Propionate, Dough Extender [Wheat Flour, Sunflower Lecithin, Enzymes], Sesame Seeds), Cream Cheese (Pasteurized Cultured Milk and Cream, Salt, Stabilizers (Guar Gum and Carob Bean Gum), Honey). CONTAINS: WHEAT, MILK, SOY, SESAME SEED
Heat-To-Eat	Sonoma Made Foods	Roasted Vegetable Burrito	FLOUR TORTILLA (ENRICHED BLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], Water, Soybean Oil, Contains Less Than 2% Each of the Following: Vegetable Shortening [Soybean Oil, Mono and Diglycerides, Tocopherol (Vitamin E) and Vitamin C Palmitate], Salt, Mono and Diglycerides, Baking Powder [Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate], Calcium Propionate, Wheat Gluten, Fumaric Acid, Guar Gum, Xanthum Gum, Microcrystalline Cellulose, L-Cysteine [Dough Conditioner]), Enriched Long Grain Rice (Prepared with Water, Lemon Juice, Salt, Garlic), Pinto Beans (Pinto Beans, Water, Salt, Calcium Chloride [to Maintain Firmness], Calcium Disodium EDTA [for Color Retention]), Roasted Vegetables (Green and Red Cabbage, Onions, and Carrots [Prepared with Olive Oil, Lemon Juice, Garlic, Basil, Shallots, Ginger, White Pepper, Salt, and Red Chile Flakes]), Cheddar and Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [Color]), Potato Starch, Corn Starch, and Powdered Cellulose [Added to Prevent Caking]), Habanero Sauce (Mayonnaise [Soybean Oil, Water, Whole Eggs and Egg Yolks, Vinegar, Salt, Sugar, Lemon Juice, Calcium Disodium EDTA (to Protect Quality)], Natural Flavors), Olive Oil, Habanero Chiles, Garlic, Orange Juice, Lemon Juice, Dry Mustard Powder, Salt). CONTAINS: WHEAT, MILK, SOY, EGG
Heat-To-Eat	Sonoma Made Foods	Turkey Pesto Sandwich	JERUSALEM BAGEL (UNBLEACHED WHEAT FLOUR ENRICHED [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, Malted Barley Flour], Filtered Water, Sugar, Dextrose, Salt, Malt [Extract Malted Barley Malt, Corn], Dough Conditioner [Wheat Flour, Malt Barley Flour, Ascorbic Acid, Enzymes], Yeast [Yeast, Sorbitan Monostearate, Ascorbic Acid], Calcium Propionate, Dough Extender [Wheat Flour, Sunflower Lecithin, Enzymes], Sesame Seeds), Sliced Turkey (Turkey Breast, Turkey Broth and 2% or Less of: Salt, Sugar, Sodium Citrate, Sodium Phosphate, Natural Flavoring, Sodium Diacetate), Fresh Mozzarella Cheese (Pasteurized Milk, Vinegar, Enzymes, Salt), Pesto (Basil, Canola Oil, Water, Parmesan Cheese [Pasteurized Part-Skim Cow's Milk, Cheese Culture, Salt, Enzymes], Granulated Garlic, Salt). CONTAINS: WHEAT, MILK, SOY, SESAME SEED
Hot Breakfast	Sonoma Made Foods	Egg, Turkey Sausage, Cheese Sandwich	EGG PATTY (WHOLE EGGS, WHEY, SKIM MILK, SOYBEAN OIL), TURKEY SAUSAGE (TURKEY, WATER, POTATO STARCH, DEXTROSE, SUGAR, SALT, POTASSIUM CHLORIDE, SPICES), MONTEREY JACK CHEESE (PASTEURIZED CULTURED MILK, JALAPENO AND BELL PEPPERS, SALT, ENZYMES), SOURDOUGH ENGLISH MUFFIN (WATER, ENRICHED UNBLEACHED WHEAT FLOUR [WHEAT FLOUR, Malted Barley Flour, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN AND FOLIC ACID], WHOLE WHEAT FLOUR, YEAST, SUGAR, VITAL WHEAT GLUTEN. CONTAINS 2% OR LESS: SALT, DISTILLED VINEGAR, VEGETABLE OIL [CANOLA AND/OR SOY], YEAST NUTRIENT [AMMONIUM SULPHATE], DOUGH CONDITIONERS [PROTEASE, ASCORBIC ACID, MONODIGLYCERIDES], FUMARIC ACID, SODIUM DIACETATE, LACTIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE [MOLD INHIBITORS], ENZYMES, NONFAT DRY MILK) CONTAINS: MILK, EGG, SOY, WHEAT

Hot Breakfast	Sonoma Made Foods	Plant-Powered Sandwich	ENGLISH MUFFIN (WATER, ENRICHED UNBLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN AND FOLIC ACID], WHOLE WHEAT FLOUR, YEAST, SUGAR, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF: CORNMEAL, SALT, DISTILLED VINEGAR, SOY- BEAN OIL, YEAST NUTRIENT, ASCORBIC ACID, FUMARIC ACID, SODIUM DIACETATE, LACTIC ACID, SILICON DIOXIDE, CALCIUM PROPIONATE AND POTASSIUM SORBATE [MOLD INHIBITORS], CALCIUM SULFATE, ENZYMES); JUST PLANT-BASED FOLDED PATTY (WATER, MUNG BEAN PROTEIN ISOLATE, EXPELLER-PRESSED CANOLA OIL, CORN STARCH, CONTAINS 2% OR LESS OF: BAKING POWDER [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE], DEHYDRATED GARLIC, DEHYDRATED ONION, NATURAL CARROT EXTRACTIVES [COLOR], NATURAL TURMERIC EXTRACTIVES [COLOR], SALT, TRANSGLUTAMINASE); BEYOND BREAKFAST SAUSAGE (WATER, REFINED COCONUT OIL, PEA PROTEIN*, EXPELLER-PRESSED CANOLA OIL, NATURAL FLAVORS, DRIED YEAST, RICE PROTEIN, CHICORY ROOT FIBER, PEA FIBER, METHYLCELLULOSE, YEAST EXTRACT, APPLE EXTRACT, POMEGRANATE EXTRACT, SALT, VINEGAR, LEMON JUICE CONCENTRATE, SUNFLOWER LECITHIN, BEET JUICE EXTRACT [COLOR], CARROT); VEGAN CHEDDAR-STYLE CHEESE (FILTERED WATER, POTATO STARCH, COCONUT OIL, EXPELLER PRESSED: CANOLA AND/OR SAFFLOWER OIL, TRICALCIUM PHOSPHATE, VEGAN NATURAL FLAVORS, SALT, PEA PROTEIN*, XANTHAN GUM, LACTIC ACID [VEGAN], KONJAC GUM, FRUIT AND/OR VEGETABLE JUICE COLOR, ANNATTO COLOR, YEAST EXTRACT, VEGAN ENZYME, VITAMIN B12). CONTAINS: WHEAT
Hot Breakfast	Sonoma Made Foods	Potato, Egg, Cheese & Bacon Burrito	COOKED POTATOES (POTATOES, SOYBEAN OIL, GARLIC POWDER, ONION POWDER, SALT, OREGANO, BASIL, ROSEMARY, THYME, SAGE, MARJORAM, SODIUM METABISULFITE [PRESERVATIVE]), SCRAMBLED EGGS (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, XANTHAN GUM, LIQUID PEPPER EXTRACT, CITRIC ACID, NATURAL AND ARTIFICIAL BUTTER FLAVOR [BUTTER (CREAM), LIPOLYZED BUTTER OIL, MEDIUM CHAIN TRIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, SOYBEAN OIL AND ANNATO EXTRACT]), FLOUR TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, PALM FRUIT SHORTENING, SOY LECITHIN, ALUMINUM FREE BAKING POWDER [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE]), SEA SALT, MONOGLYCERIDE, DEXTROSE, YEAST, SODIUM BICARBONATE, ENZYME, SODIUM METABISULFITE, TO MAINTAIN FRESHNESS [SORBIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE]), CHEESE (CHEDDAR CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR], MONTEREY JACK CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES], TO PREVENT CAKING CHEESE MAY CONTAIN: POWDERED CELLULOSE, POTATO STARCH OR CORN STARCH), DICED BACON (PORK CURED WITH WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE) CONTAINS: MILK, EGG, SOY, WHEAT
Hot Breakfast	Sonoma Made Foods	Potato, Egg, Cheese & Sausage Burrito	COOKED POTATOES (POTATOES, SOYBEAN OIL, GARLIC POWDER, ONION POWDER, SALT, OREGANO, BASIL, ROSEMARY, THYME, SAGE, MARJORAM, SODIUM METABISULFITE [PRESERVATIVE]), SCRAMBLED EGGS (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, XANTHAN GUM, LIQUID PEPPER EXTRACT, CITRIC ACID, NATURAL AND ARTIFICIAL BUTTER FLAVOR [BUTTER (CREAM), LIPOLYZED BUTTER OIL, MEDIUM CHAIN TRIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, SOYBEAN OIL AND ANNATO EXTRACT]), FLOUR TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, PALM FRUIT SHORTENING, SOY LECITHIN, ALUMINUM FREE BAKING POWDER [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE]), SEA SALT, MONOGLYCERIDE, DEXTROSE, YEAST, SODIUM BICARBONATE, ENZYME, SODIUM METABISULFITE, TO MAINTAIN FRESHNESS [SORBIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE]), CHEESE (CHEDDAR CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR], MONTEREY JACK CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES], TO PREVENT CAKING CHEESE MAY CONTAIN: POWDERED CELLULOSE, POTATO STARCH OR CORN STARCH), PICANTE SAUCE (WATER, TOMATO CONCENTRATE, JALAPENO PEPPERS, ONIONS, DISTILLED VINEGAR, SALT, GARLIC, NATURAL FLAVORING), SAUSAGE CRUMBLES (PORK, SPICES, WATER, SALT, CORN SYRUP SOLIDS, PAPRIKA, GARLIC, SUGAR, LEMON JUICE POWDER, BHA, BHT, CITRIC ACID, DISODIUM INOSINATE AND DISODIUM GUANYLATE, PROPYL GALLATE), CRUSHED RED CHILES CONTAINS: MILK, EGG, SOY, WHEAT
Hot Breakfast	Sonoma Made Foods	Potato, Egg, Green Chile & Cheese Burrito	COOKED POTATOES (POTATOES, SOYBEAN OIL, GARLIC POWDER, ONION POWDER, SALT, OREGANO, BASIL, ROSEMARY, THYME, SAGE, MARJORAM, SODIUM METABISULFITE [PRESERVATIVE]), SCRAMBLED EGGS (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, MODIFIED CORN STARCH, SALT, XANTHAN GUM, LIQUID PEPPER EXTRACT, CITRIC ACID, NATURAL AND ARTIFICIAL BUTTER FLAVOR [BUTTER (CREAM), LIPOLYZED BUTTER OIL, MEDIUM CHAIN TRIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, SOYBEAN OIL AND ANNATO EXTRACT]), FLOUR TORTILLA (ENRICHED BLEACHED WHEAT FLOUR [BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, PALM FRUIT SHORTENING, SOY LECITHIN, ALUMINUM FREE BAKING POWDER [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE]), SEA SALT, MONOGLYCERIDE, DEXTROSE, YEAST, SODIUM BICARBONATE, ENZYME, SODIUM METABISULFITE, TO MAINTAIN FRESHNESS [SORBIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE]), GREEN CHILE PEPPER (GREEN CHILE PEPPER, SALT, CITRIC ACID), CHEESE (CHEDDAR CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR], MONTEREY JACK CHEESE [CULTURED PASTEURIZED MILK, SALT, ENZYMES], TO PREVENT CAKING: CHEESE MAY CONTAIN POWDERED CELLULOSE, POTATO STARCH OR CORN STARCH) CONTAINS: MILK, EGG, SOY, WHEAT

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