

# FP-Kougin Amann-Traditional

INGREDIENTS: Unbleached Flour (Malted), Butter (Butter, Salt), Sugar, Water, Non Fat Milk Powder, Salt, Yeast

<b>Nutrition Facts</b>	
Serving Size 1 Kouign Amann (81 g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 370	<b>Calories from Fat</b> 190
% Daily Value*	
<b>Total Fat</b> 21g	<b>33%</b>
Saturated Fat 13g	<b>67%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 55mg	<b>19%</b>
<b>Sodium</b> 450mg	<b>19%</b>
<b>Total Carbohydrate</b> 41g	<b>14%</b>
Dietary Fiber 1g	<b>3%</b>
Sugars 22g	
<b>Protein</b> 4g	<b>8%</b>
Vitamin A	15%
Vitamin C	0%
Calcium	2%
Iron	8%