

Nutrition Facts

Serving size 1 blueberry donut
(100g)

Amount Per Serving

Calories **330**

% Daily Value*

Total Fat 16g	21%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 47g	17%
Dietary Fiber 2g	7%
Total Sugars 25g	
Includes 0g Added Sugars	0%
Protein 4g	8%
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.8mg	10%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: *wheat flour, *soy flour, *palm shortening, *sugar, sugar, non-GMO soy lecithin, *flax seed, non-GMO baking powder, *vanilla, *blueberries, *lemon juice, kosher salt
(*denotes certified organic ingredients)