

## Grilled Cheese Sandwich: Cheddar Cheese and Butter on White Bread

<b>Nutrition Facts</b>	Amount/Serving % Daily Value*	Amount/Serving % Daily Value*
<b>Serv size 1 Sandwich (144 g)</b>	<b>Total Fat 33g</b> 51%	<b>Total Carbohydrate 40g</b> 13%
<b>Calories 540</b>	<b>Sat. Fat 17g</b> 85%	<b>Dietary Fiber 4g</b> 16%
<b>Calories from Fat 297</b>	<b>Trans Fat 0g</b>	<b>Sugars 4g</b>
	<b>Cholesterol 90mg</b> 30%	<b>Protein 20g</b>
	<b>Sodium 830mg</b> 35%	
	<b>Vitamin A 18% • Vitamin C 0%</b>	<b>Calcium 44% • Iron 8%</b>

INGREDIENTS: WHITE BREAD (UNBLEACHED ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, ENRICHED SEMOLINA, SUGAR, YEAST, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FERMENTED DURUM WHEAT FLOUR, SALT, WHEAT GLUTEN, CULTURED WHEAT FLOUR, CALCIUM SULFATE, SUNFLOWER LECITHIN, VINEGAR, ENZYMES, MONOCALCIUM PHOSPHATE, ASCORBIC ACID, SOY LECITHIN), CHEDDAR CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES, ANNATTO COLOR), BUTTER (CREAM [MILK], SALT). **CONTAINS: MILK, WHEAT, SOY.**

### **Sonoma Muffin Works**

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